

# Lifelong Wellness Made Easy™



## nanogreens<sup>10</sup>

*“Taste the Difference,  
Feel the Difference”*

Phyto-nutrients, found in fruits, vegetables, herbs, spices, teas and greens, are natural plant compounds that are vital for optimal health. To consume optimal amounts of phyto-nutrients we need to eat 7 to 9 servings of fruits and vegetables, of all the colors, every day. However, that is a challenge for most. Great tasting nanogreens<sup>10</sup> is your next best option. Taken as directed, nanogreens<sup>10</sup> is scientifically formulated to supplement your diet by providing the antioxidant/phyto-nutrient power of up to 10 servings of organic fruits and vegetables a day!

### *nanogreens<sup>10</sup> is*

- Great tasting and mixes instantly in water or juice.
- Only 50 calories and 3 grams of simple carbohydrates per serving
- 4 dozen “super food phyto-nutrients,” that replaces taking dozens of pills daily and saves hundreds of dollars every year
- SuperSorb® Enhanced Delivery Systems to help maximize absorption.

the  
**SuperFood**  
●●● SOLUTION  
lifelong wellness made easy™



### Phyto-nutrient supplementation with nanogreens<sup>10</sup> may

- Fight Aging\* • Boost Energy\* • Support Digestion and Elimination\* • Support Optimal Immune Function\*
- Support Healthy Cardio Vascular Function\* • Support Mood and Memory\* • Protect the Aging Eye\*
- Supplement Low Calorie / Low Carb Diets • Support Healthy Detoxification\*



## Endorsements!

"I have tried many different greens products, but **none compare in taste and quality**. My family loves it too! I recommend nanogreens<sup>10</sup> to anyone who wants to enjoy optimum wellness."

– Wayne Dyer, PhD, Maui, Hawaii

"The team of prominent MD's, PhD's, DC's, and CCN's on the Board of Advisors is not commonly seen in the supplement industry and the ingredients are of **superior quality**. In addition, nanogreens<sup>10</sup> is manufactured in a cGMP, FDA, organic approved facility."

– Ron Rothenberg, MD, Encinitas, CA

"... the right combination of quality ingredients, easy solubility, **good taste and the best delivery system** I have seen."

– Greg Barsten, DC, NMD, CCN, Los Gatos, CA

"Nanogreens<sup>10</sup> is **far superior** in both taste and results!"

– Heather Sansone, L.Ac, DiplAc, Honolulu, HI

"The science performed by independent labs demonstrates **superior bioavailability** and an enhanced antioxidant effect."

– Barry Morgan, MD, Newnan, GA

## Read what the experts say about phytonutrition

"... the effort to understand the health benefits of plant foods ... is the characterization of their physiologically active constituents, phytochemicals.... As our knowledge grows ... we will learn how best to create new products through altering their concentrations, combinations and/or their bioavailability."

– Functional Foods for Health Program, Department of Food Science and Human Nutrition, University of Illinois, Urbana, IL and \* Jean Mayer USDA Human Nutrition Research Center on Aging, Tuft University, Boston, MA

"... antioxidants, which are found in many phytochemicals,... are biologically unstable, poorly soluble in water, and poorly distributed to target sites ... we strongly advocate serious consideration of the bioavailability of dietary supplements ... to improve their bioavailability using delivery systems."

– Yoko Shojia, b, and Hideki Nakashimaa, *Nutraceuticals and Delivery Systems, Journal of Drug Targeting*, 12(6):385-391, 2004.

"...fruits and vegetable phytochemical extracts exhibit strong antioxidant and antiproliferative activities\* ... from the combination of phytochemicals ... the additive and synergistic effects of a 'complex mixture' of phytochemicals ... are responsible for these benefits ... no single antioxidant can replace the combination of natural phytochemicals..."

– Lui RH, *J Nutr.Potential synergy of phytochemicals in cancer prevention: mechanism of action. Department of Food Science, Cornell University, Ithaca, NY 148532004 Dec;134(12):34795-85S.*

"When phytochemicals are added to the diet, the capacity of human genes to protect and restore optimal health is far greater than previous recognized."

– McDaniel M.D., McAnalley, Ph.D., *Journal of National Academy for Child Development: The Role of Phytochemicals in Optimal Health, 1997 Vol. 11, No. 1*

# nanogreens<sup>10</sup>

## Supplement Facts

Amount Per Serving	% Daily Value*	
Serving Size 12g (1 scoop)		
Servings Per Container: 30		
<b>Calories</b> 50	Calories from fat 12	
<b>Total Fat</b> 1.5g	2%	
<b>Total Carbohydrate</b> 8g	3%	
Dietary Fiber 2g	6%	
Sugar 3g		
<b>Protein</b> 2g		
<b>Vitamin A</b> (as Beta Carotene) 2500 IU	50%	
<b>Vitamin C</b> 30mg	50%	
<b>Sodium</b> 24mg	1%	
<b>Potassium</b> 152mg	4%	
<b>Greens Blend</b> (Proprietary) 2400 mg		
<b>Phytonutrient Blend</b> (Proprietary) 360 mg		
<b>Green Tea Extract</b> , Silybin (from Milk Thistle), Grape Seed Extract, Blueberry, Cranberry, Raspberry, Tart Cherry, Pine Bark Extract, Broccoli*, Tomato, Carrot*, Spinach*, Kale*, Bilberry, Elderberry, Pomegranate, Blackberry		
<b>Quercetin/Rutin</b> 50/50 160mg		
<b>Rice Bran Soluble*</b> 2715mg		
<b>Raspberry Extract</b> (20% Ellagic Acid) 50mg		
<b>Aloe Vera Powder Extract*</b> (100:1 freeze dried) 30mg		
<b>Fruit &amp; Vegetable Blend</b> (Proprietary) 930mg		
		Apple*, Carrot*, Mango*, Lemon*, Sweet Potato*, Peach*, Parsley*, Kale*, Broccoli*, Spinach*, Leek*, Cabbage*, Beet*, Cranberry* (Quinic Acid 6%)
		<b>Acerola Cherry Powder*</b> (17.5% Ascorbic Acid) 175mg †
		<b>Green Tea Extract, White Tea Extract</b> (decaffeinated, 50% Polyphenol) 100mg †
		<b>Polygonum Cuspidatum</b> (15% Resveratrol) 70mg †
		<b>Oat Beta Glucan*</b> 2500mg †
		<b>Cinnamon Blend</b> (Proprietary) 50mg †
		<b>Cinnamon Bark Powder*</b> †
		<b>Milk Thistle</b> (20% Silymarin) 50mg †
		<b>Marigold Extract</b> (5% Lutein with Zeaxanthin) 50mg †
		<b>Cinnamon Bark Powder*</b> †
		<b>Dunaliella Salina</b> (Natural Carotenoids) 100mg †
		<b>Enzymes</b> (plant-based) 40mg †
		† Alpha Amylase, Bromelain, Cellulase, Galactosidase, Glucoamylase, Hemicellulase, Lipase, Papain, Protease
		<b>Lecithin</b> (non GMO) 1250mg †
		<b>Lycopene Extract-10%</b> (from tomato) 25mg †
		<b>Lemon Peel Powder*</b> 25mg †
		<b>Quinoa Sprout*</b> 90mg †
		<b>Artichoke Extract</b> (5% Cynarin) 20mg †
		<b>Atlantic Kelp Powder*</b> ( <i>lamina Digitata</i> , 0.4% Iodine) 20mg †
		<b>Stevia Leaf Crystals</b> ( <i>Stevia Rebaudiana</i> ) 200mg †
		* Percent Daily Values are based on a 2,000 calorie diet. † Daily Value not established

**OTHER INGREDIENTS:** NATURAL FLAVORS (PLANT BASED), CITRIC ACID, SOY PHOSPHOLIPIDS.

\* Certified Organic ingredients

**WARNING:** Pregnant and nursing mothers, anyone taking prescription medications, or prior to any surgical procedures, inform their physician and/or pharmacist before taking this or any other dietary supplement.

Suggested Use: Mix one scoop of nanogreens<sup>10</sup> with 6-8 ounces of cold water, juice or milk. Shake, blend and enjoy! Children under 12 take 1/2 serving. Refrigerate after opening. With each season's harvest, the taste of the pure & natural ingredients in nanogreens<sup>10</sup> will vary slightly.



the  
**SuperFood**  
SOLUTION

lifelong wellness made easy™

Researched and Developed by:

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[www.SuperFoodSolution.com](http://www.SuperFoodSolution.com)

MADE WITH  
CERTIFIED  
**ORGANIC**  
INGREDIENTS

Printed on recycled paper with minimum 10% post-consumer waste.

\*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THESE PRODUCTS ARE NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Manufactured at cGMP, Organic, & FDA approved facilities in the USA.