



## **NRG Full Back Digital Moist Heat Pad**

The NRG Full Back Moist Heat Pad draws moisture out of the air and converts it into soothing, deep penetrating heat. Moist heat therapy helps increase circulation and aids in the healing process..

The pad may be applied for up to 30-minutes, several times per day, and its effects can be felt for several hours after use. Wait 2 hours before reapplying. Do not use more than 2 times per day.

### **CAUTION**

- Do not use on swollen, irritated or broken skin. People with diabetes, poor circulation or neurological insensitivity should not use this pad.
- Discontinue if pain or other unusual symptoms appear. Consult your physician for guidance if you are unsure.
- Do not use on children or adults who are unable to remove or monitor the pad.
- Do not use as a bed warmer or foot warmer.
- Do not place on surfaces sensitive to moist heat.

### **DIGITAL CONTROLLER INSTRUCTIONS**

- Press and hold the orange button for 2 seconds to activate the pad.
- The screen will display a number indicating the temperature and the current timer setting.
- Press the lock/select button once to change the time the pad will run. A clock will display in the upper left hand corner.
- Use the up/down arrows to select the run time.
- Press the lock/select button one time and a thermometer icon will appear.
- Press the up/down arrows to set the temperature you want. (Note: the degrees displayed are an internal wiring temperature, not the "felt" temperature on the top of the pad.) Maximum is 166°F and minimum is 86°F.)
- The status button will tell you what the current temperature is and how long the pad has been running.

### **STORAGE**

- Do not fold or roll tightly as this will damage the wiring and void your warranty.
- Operating your NRG Full Back Digital Moist Heat Pad when folded or bunched up could lead to product failure, injury, overheating or fire. Improper use or care will void your warranty.

### **CLEANING**

- The product may be spot cleaned with warm water and mild soap and allow to air dry. Do not machine wash or dry. Allow to dry completely before using.
- The outer cover may be machine washed in warm water and mild detergent. Allow to air dry.

### **WARRANTY**

- One year limited warranty from date of purchase.