

## *Cranberry Spa Pedicure*

A delicious fragrant treatment inspired by the fruit of the bog. The Cranberry Pedicure utilizes Cranberry derived enzymes along with fruit acids designed to gently remove keratinized dead skin cells and callouses. The enzyme removes the top layers of skin leaving a younger smoother skin with uniform pigmentation. The skin is then enveloped in a rich butter cream that contains Shea Butter, Cranberry Seed Oil, Vitamins A, C, D and E for softer silkier, smoother skin. The tannic content of the Cranberry provides anti- bacterial properties to the treatment.

### **PROCEDURE: 1 Hour**

**Items Needed For Treatment: Cranberry Mineral Bath, Cranberry Scrub, Cranberry Massage Oil, Cranberry Pedi Peel, Cranberry Butter Cream**

- Step 1: Prepare a footbath using 3 tbl. of Cranberry Mineral Bath.
- Step 2: Soak feet for 5 –7 minutes.
- Step 3 Remove Polish, clip nails and manicure cuticles. Begin the exfoliating process. Moisten area and apply Cranberry Scrub and massage feet moving up the ankle area towards the Heart. Re-apply as many times as necessary to remove dead skin cells.
- Step 4: Begin masking process, Mix 1 heaping tablespoon of Cranberry Pedi Peel with ½ level tablespoon Cranberry Massage Oil and warm water until a creamy consistency. Continue to add water until mask is completely saturated. Apply to the feet with a fan brush or spatula, concentrating on the heels and calluses. Wrap feet in a warm wet towel or plastic bag, leave the Cranberry Pedi Peel on the feet for 7 minutes. While mask sets, give the client a hand and arm massage using Cranberry Butter Cream. When using a jetted tub, leave jets off from this point.
- Step 5: Remove the Cranberry Pedi peel with the towel the feet are wrapped in or remove as much as possible with plastic bag and rinse with warm water.
- Step 6: Use foot file to remove calluses. Rinse.
- Step 7: Massage feet and legs with Cranberry Butter Cream.
- Step 8: Dry feet, clean nails, and polish.

**Recommended Home Care: Cranberry Butter Cream, Cranberry Scrub Cranberry Massage Oil, Cranberry Shower Gel, Cranberry Candle.**