



## *Pumpkin Spice Body Wrap*

A relaxing body treatment rich in naturally occurring antioxidants, essential fatty acids, carotenoids, ferulic acid, sterols, polyphenols, and contains remarkably high levels of vitamin E. The Pumpkin Spice Moisture Mask restores the skin's water-lipid layer and increases the amount of nutrients and oxygen in the skin cell, neutralizes free radicals, and protects connective tissue.



*Keyano &  
Aromatics*

## Pumpkin Spice Body Wrap

### PROCEDURE: 1 Hour

Items Needed For Treatment: Body brush, Blanket, Sheet, Large Bath Towel, Keyano Thermal Plastic Wrap, Pumpkin Spice Scrub, Pumpkin Spice Moisture Mask, Pumpkin Spice Butter Cream.



**Step 1:** Prepare the table with a blanket, sheet and towel.

**Step 2:** Pour 3 oz. of Pumpkin Spice Scrub in a treatment bowl.

**Step 3:** Escort client to treatment table and have them lie face down and cover with a towel.

**Step 4:** Moisten area and begin exfoliation on the back with the Pumpkin Spice Scrub with a smooth circular motion. Have client turn over and continue with the entire body always in the direction of the heart until skin feels smooth. The abdomen area is applied in a clockwise circular motion. Escort client to shower or remove with wet towels. While client is in shower put plastic sheet on table.

**Step 5:** Prepare 1/4 cup of Pumpkin Spice Moisture Mask. While client is lying face down apply warm Pumpkin Spice Moisture Mask to the back of the body. Have client turn over and finish applying to the rest of the body. Only use one hand for application and apply as quickly as possible so client will not become cold. If removing with wet towels use a thinner coat of mask in your application. Do not apply to the bottom of the feet in case client has to leave the table.

**Step 6:** Wrap client in plastic sheet & cover with sheet and blanket. Keep client as warm as possible.

**Step 7:** Time for 20 minutes. Perform a relaxing scalp massage while client is resting.

**Step 8:** Unwrap plastic and escort client to the shower. While client is in the shower remove plastic leaving the sheet on the table. If no shower is available begin removing mask with heated towels or diapers. If using a Vichy shower, rinse on the table. (Do not use soap)

**Step 9:** Escort client to the table lying face down. Apply Pumpkin Spice Butter Cream to the back, have client turn over and then apply to the rest of the body. Have client rest and drink plenty of water.

Recommended Home Care: Pumpkin Spice Butter Cream, Pumpkin Spice Scrub, Pumpkin Spice Massage Oil, Pumpkin Spice Candle



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